



FOOTBALL ACTIVITY DURING COVID-19

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| Version No. | 002 | Reference No. | COVID-19 |
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In line with the latest guidance on permitted grassroots football activity during COVID-19¹, Cholsey Bluebirds FC have issued the following guidance to all coaches, players, and parents.

From 8 June the following football activities can be carried out:

- Football training or fitness activities in groups of no more than six, keeping two metres apart at all times.
- Football coaching with small groups of up to six people.
- Training for two or more groups of six including the coach.

To enable any of the above activities to be carried out the following **must** be implemented by the coach / manager and strictly adhered to whilst the session is active.

- All equipment, i.e. cones, poles, bibs, balls must be disinfected before and after use.
- It is recommended that each player be given a ball and bib which will be their responsibility for each session (this will limit handling).
- Strict social distancing of two metres must be enforced at all times.
- It is recommended that coaches set out a grid of cones which will help players visualise and maintain social distancing. Alternatively, coaches could put a grid of white liner on the pitch to set out 2m distances.
- Matches of any sort are not allowed.
- Parents/carers are to remain at a safe distance and also adopt social distancing protocols. Attendance at training sessions by parents/carers and players siblings should be minimised as much as is practically possible.
- The football pavilion will remain locked and out of use at all times. There will therefore be no toilet facilities available for players or parents/carers before, during or after any training sessions.

This policy will be kept under review in light of any further official COVID-19 guidance from the FA in relation to grassroots football.

| <u>Document Control Record</u> | | | |
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¹ <http://www.thefa.com/news/2020/jun/01/grassroots-football-covid-19-guidance-update-010620>