

Restarting matches - COVID-19 actions for Cholsey Bluebirds managers (10/09/20)

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| <p>In the days before a match, managers should:</p> | <ul style="list-style-type: none"> • Remind Cholsey Bluebirds parents/supporters and the managers of visiting Clubs that: <ul style="list-style-type: none"> ○ players will need to self-isolate for 14 days should they have any symptoms of the virus. ○ players will need to self-isolate for 14 days if contacted & asked to do so by the NHS Test and Trace Service ○ players should follow best practice for travel including minimising use of public transport and walking or cycling if possible. People from a household or support bubble can travel together in a vehicle ○ players should bring their own personal hand sanitiser ○ they will need to check in with 'Test & Trace' on arrival at the grounds, using the QR code scanner on A-frame signs positioned at the pitch side ○ Supporters, parents, and other spectators to remain socially distanced whilst attending events. Spectator groups must be restricted to discrete six person gathering limits and spread out, in line with wider government guidance. ○ there is no tuck shop, due to covid restrictions but the Club will keep this under review ○ access to the pavilion is for toilets only and there is a one way system – come in the front door and exit out the back door – please follow the arrows ○ footballs should not be touched by non-players (ie if kicked into touch, players should retrieve balls) ○ these requests are based on national FA guidance on restarting grassroots football and any further information can be found at the link below. Note that the Club cannot 'police' the actions of individuals and that we ask everyone to follow covid safety guidance voluntarily, to support the health and wellbeing of everyone involved in the Club <p>https://www.berks-bucksfa.com/news/2020/jul/18/the-fa-issues-guidelines-for-the-return-of-outdoor-competitive-grassroots-football</p> |
| <p>On matchday, managers should:</p> | <ul style="list-style-type: none"> • Access cleaning products, gloves and hand sanitising station from the kitchen • Place hand sanitising station just inside front door of the pavilion • Open back door • Spray goals, corner flags and any other equipment with disinfectant • Place 3x A-frame signs – one at the pavilion and two at pitch sides • Warm-ups should observe social distancing • Team talk huddles should not take place. Team talks can take place, as long as social distancing is observed and held outdoors • Before the match, give the safety briefing overleaf to players <p>NB – Parents can help set-up, under the supervision of managers</p> |
| <p>During the match, managers should:</p> | <ul style="list-style-type: none"> • Remind players of the safety considerations overleaf as required. • Note that players who are injured should be attended to by their parents, if present. Otherwise, managers should wear mask and gloves when attending to injured players. |
| <p>After the match, managers should:</p> | <ul style="list-style-type: none"> • Ensure that parents who help with equipment are wearing gloves (supplied by the Club) • Ensure that equipment is sprayed with disinfectant before packing away • Ensure that the following are sprayed with disinfectant (managers can delegate or carry this out): <ul style="list-style-type: none"> ○ Door handles and door touch points ○ All taps and sinks ○ Toilets ○ Light switches and any other contacted surface before locking up the pavilion |

Pre-match COVID-19 safety briefing from managers to players

- Covid-19 is a highly infectious and dangerous disease. A resumption and continuation of contact play is only achievable if everyone involved behaves in ways that minimise the threat of infection.
- All players should sanitise their hands before and after games and at half time.
- Pre-match handshake should not happen, and all players should hand sanitise before kick-off and at half time and after the match;
- Where possible maintain social distancing. This will not always be possible in a competitive match environment (for example when tackling an opponent) and that is acceptable. However, before, and after a game you should maintain social distancing.
- Social-distancing must also be observed during interactions when a substitution is being made.
- Set plays – players should get on with the game and not unnecessarily prolong set play set-up, such as defensive walls;
- Set plays – corners should also be taken promptly to limit prolonged close marking;
- Excessive goal celebrations should be avoided;
- Interactions with referees and match assistants should only happen with players observing social distancing;
- Players should be encouraged to limit persistent close proximity of participants during match play (where young participants may be more likely to cluster around the ball);
- When kicked into touch, balls should be retrieved by players, minimising hand contact;
- Do not spit. Spitting and the rinsing out of mouths is now a recognised risk to health and must not be done. Avoid shouting or raising your voice if face to face with other players;
- After the game, be aware that other people will need to use the toilet, so move through the pavilion as quickly as you can, following the arrows.